



These sessions are primarily aimed at helping S3–S6 pupils explore common questions about Christianity and provoke discussion on issues which can be barriers to faith. They have been designed around short videos made by the **Solas Centre for Public Christianity**.

## CHOOSE YOUR STREAM

Each session has two streams.

### EXPLORERS

In this stream no previous knowledge of faith is required and is based in the Gospel of Mark. If your group is comprised mainly of pupils with no knowledge of Christianity, or if Christian pupils would like to run a series of sessions for their friends, we recommend the Explorers stream. The suggested order in which to run this stream builds on Bible knowledge as you progress through the sessions.

### GO DEEPER

This stream is for groups of Christian pupils with an established faith and goes deeper into the issues raised in the video, looking at various Bible passages. Go Deeper is not a training session in apologetics, but rather seeks to deepen faith and challenge those who already know Jesus. These sessions can be run in any order.

## USING THE MATERIAL

There is more content in each session than could be fitted into the 20-30 minutes that most secondary school SU Groups have. Therefore, select the elements that are best suited to your group. Each session includes:



### **Starter**

This is a five-minute icebreaker activity designed to introduce the question for the session with some light-hearted fun. This activity could begin as pupils are eating lunch.



### **Video**

Each session contains one of the Solas *Short/Answer* videos that are approximately five minutes in length.



### **Questions**

We recommend two minutes for questions immediately following the video to ensure pupils have a clear understanding of what was presented. If more complex or less relevant questions arise at this point, we suggest 'parking' them to come back to later. It can be valuable to use a physical paper 'car park' (see page 3) to write questions in parking bays, so that pupils are reassured you are not trying to dismiss or avoid their question, and that you will return to it. You may wish to begin a session by dealing with a question from a previous session or add an extra Q&A session to deal with multiple questions.



### **Exploring the Bible**

Each session explores the question in the video further by referring to the Bible. In the Explorer stream this will always be a passage from the Gospel of Mark. Where possible we would recommend having copies of the gospel available for pupils. In the Go Deeper stream, pupils will need access to a Bible (physical or electronic), or you could print out the relevant passages for each session.

Exploring the Bible contains questions for 10-15 minutes of group discussion. It is important pupils can express their opinions freely and feel accepted. Your modelling of this will be important to ensure those exploring the Christian faith feel welcome in the group. There are more questions than a lively group could cover in the time available, so please select the questions you feel will be most appropriate.

Some suggested answers to group discussion questions are given in *italic text*.



### **Reflection**

Suggestions for a three-minute time of reflection is included at the end of each session. This will give pupils an opportunity to consider what they have heard and discussed and consider their response. You may wish to play some quiet music during these times.



### **Further resources**

We have suggested some further resources as a 'take away' for pupils. These could be printed out to give away or written/displayed on the board for pupils to take photos.

If you have any questions or feedback about this resource, get in touch with us: [info@suscotland.org.uk](mailto:info@suscotland.org.uk).



# Carpark

Park your questions in the spaces for later!
