



MUST KNOW BIBLE STORIES

THE TEN COMMANDMENTS

Health and Wellbeing topic: Rules

These assembly scripts can work for one or two “hosts” – it is formatted so that you can either read the lines solo, or assign lines to two people... and feel free to reword the lines in ways that suit you. There are suggestions in blue dotted through the script of setting, tone and ways to film, but these are only suggestions – the most important things are that you are confident and relaxed as you film.

If you are having a hard time visualizing the script, please watch our video and read along to give you a clearer idea.



SCENE 1

(Open the video with a boardgame in front of you. If you are with a co-host, why not play the game, but someone keeps changing the rules or even cheating!)

Have you ever played a game with someone who cheated, or had very different rules from you? It really ruins the game!

You might think playing with your own rules – or even outright cheating - might be fun, but it definitely spoils the game for others. You wouldn't want to be on the other side of the board from a cheater!

I mean, if everyone played with their own made up rules, how would we even know what game we're playing?

(Excited) Oh, that's a good idea for a quiz! Guess the game!



SCENE 2

(Here you can insert a short quiz where you describe a game – maybe with three descriptions – and the children have to guess what game it is by the rules! Feel free to use our clip if you would like.)

Rules are definitely important. Without rules we wouldn't have my favourite thing in the whole world **(or, alternatively, “the nations favourite game”)**... FOOTBALL!

And come to think of it, it's not just in games that rules are important. We all have rules we need to follow when we drive... if everyone drove their car by their own rules there would be lots of accidents.

Or rules that are helping us keep healthy and safe during Coronavirus - wearing masks and staying two metres apart. That's really important to stop the spread of the virus.

But there are even bigger and more important rules than that, aren't there? Rules that every person from every generation should follow. Rules like... not taking things that aren't yours... that's stealing. Or not hurting other people.

Can you think of other rules like that? How about everyone thinks of/writes down their own top three rules that you think EVERYONE, EVERYWHERE in the WORLD needs to follow!

(You can pause here to allow the children to write down their own three rules. You can also bring up a paper and pen to write down some ideas)

Hm - that was difficult! I actually had more than three rules I wanted to write that I think everyone should follow.

Well, to be honest, I might have "cheated" a bit, because I actually wrote down ten! And I didn't think of them myself... I borrowed them from somewhere else.

I wrote down the Ten Commandments from the Bible! Do you know that story? About God's Ten Rules that everyone, everywhere should follow?

Let's tell that Bible story, it's a really important one.



SCENE 3

Bible Story: Ten Commandments / Exodus 20 – *tell the Bible story in a creative way: with a children's storybook bible, using pictures or graphics, drawing the story with a voiceover, acting it out, using puppets. You could read directly from Exodus, or retell the Commandments account in your own words. Whatever you do, make it dynamic, and try to tell the story in under five minutes. Feel free to cut and use our storytelling clip if you like it.*

That is such a famous story, you may have heard it before. But I wonder what you thought of those Ten Rules? Did they match any of the rules you wrote down?

I bet at least a few of them matched... and if you can't remember all ten, I have a clever trick for you, because when Jesus came, He said that all those ten rules can be boiled down to just two! Two rules to remember: That we should love God with all your heart, soul, mind and strength, and love other people as much as we love ourselves.

So Love God, and Love others! Not so hard to remember! But maybe a bit harder to DO everyday.



SCENE 4

I wonder what this story - God's Ten Commandments - tell us about the rule-giver? About God? Is God fair, or unfair? Is He good, or is He mean?

Remember the people of Israel didn't really know much about God at this point in their story... they were getting to know God for the first time! If you're getting to know about God for the first time as well, these Ten Rules might give you some clues about what God is like .

I think it tells us that God is good. He wasn't being mean giving rules. He was caring for his people, he wanted to keep them safe and give them a happy life... and he knew the rules would do that.

For your challenge this week, well, we've realized that those Ten Commandments can be summed up in just two rules: love God and love others. So I'd like you to think of one way you could live out one of those rules. One way to love God or one way to love others... and try to keep it all week!

(Give your own examples: loving God by trying to pray once a day, loving others by helping your mum with the dishes every day etc.)

(You can close the assembly by saying goodbye and then going back to your board game, choosing a new game, or if you have a co-host, by suggesting you start a new game to play!)

